

# Behavioral Risk Factor Surveillance System - Utah 2000 *Final* Data

## Distribution of Selected Characteristics Among Adults With and Without Arthritis

Demographic Subgroup		Leisure-Time Physical Activity			Body Mass Index			Health Status	
		Inactive	Irregular	Physically Active	Normal	Overweight (Not Obese)	Obese	Excellent, Good, VG	Fair or Poor
Age Group									
18-34	With arthritis	18.2%	49.7%	32.1%	61.8%	29.3%	8.9%	87.9%	12.1%
	Without arthritis	12.5%	62.1%	25.4%	57.6%	28.9%	13.5%	94.7%	5.3%
35-49	With arthritis	13.8%	63.3%	22.9%	35.9%	34.8%	29.2%	73.4%	26.6%
	Without arthritis	13.7%	56.5%	29.9%	42.9%	37.1%	20.0%	94.6%	5.4%
50-64	With arthritis	23.1%	59.8%	17.2%	24.2%	41.0%	34.8%	84.1%	15.9%
	Without arthritis	12.2%	61.3%	26.5%	36.1%	43.3%	20.5%	93.0%	7.0%
65+	With arthritis	24.4%	47.0%	28.6%	46.9%	33.1%	20.0%	69.4%	30.6%
	Without arthritis	19.7%	56.5%	23.8%	44.1%	44.1%	11.8%	79.0%	21.0%
Sex									
Males	With arthritis	16.6%	59.0%	24.4%	32.5%	40.2%	27.3%	79.2%	20.8%
	Without arthritis	12.6%	60.7%	26.6%	39.8%	41.7%	18.5%	93.0%	7.0%
Females	With arthritis	22.6%	54.1%	23.3%	44.5%	31.6%	23.8%	77.2%	22.8%
	Without arthritis	14.4%	58.3%	27.3%	58.9%	27.1%	14.0%	93.3%	6.7%
Race/Ethnicity									
White, Non-Hispanic	With arthritis	19.8%	56.1%	24.1%	39.6%	35.6%	24.8%	77.6%	22.4%
	Without arthritis	13.1%	59.1%	27.8%	49.4%	35.1%	15.5%	93.1%	6.9%
Hispanic	With arthritis	23.6%	56.8%	19.7%	34.9%	31.0%	34.1%	87.2%	12.8%
	Without arthritis	17.9%	60.0%	22.0%	43.3%	37.2%	19.5%	92.5%	7.5%
Non-White, Non-Hispanic	With arthritis	23.1%	55.9%	20.9%	30.2%	40.7%	29.1%	77.7%	22.3%
	Without arthritis	19.4%	70.3%	10.3%	49.3%	22.8%	27.9%	92.6%	7.4%
Education									
< High School	With arthritis	45.4%	33.5%	21.1%	35.7%	35.6%	28.6%	55.5%	44.5%
	Without arthritis	26.5%	52.9%	20.6%	56.4%	33.3%	10.3%	79.3%	20.7%
H.S. Grad or G.E.D.	With arthritis	27.0%	50.2%	22.8%	39.3%	36.9%	23.8%	75.0%	25.0%
	Without arthritis	17.4%	63.8%	18.8%	49.7%	33.0%	17.3%	90.2%	9.8%
Post High School	With arthritis	14.8%	64.5%	20.7%	39.0%	32.5%	28.6%	77.4%	22.6%
	Without arthritis	11.8%	56.8%	31.4%	46.8%	37.3%	15.9%	95.0%	5.0%
College Grad	With arthritis	13.2%	56.5%	30.3%	39.9%	38.1%	22.1%	88.0%	12.0%
	Without arthritis	9.0%	60.8%	30.2%	49.1%	33.3%	17.5%	96.6%	3.4%